



## **A brain injury can affect anyone, at any time**

### **Headway – improving life after brain injury**

We all think ‘it will never happen to me’, but sadly a brain injury can strike at any time – and the effects can be devastating.

It can mean having to relearn the most basic of life skills; it can mean losing the life you once lived and the person you once were; it can devastate the lives of individuals and entire families.

**A brain injury can affect anyone at any time. When it does, Headway South Bucks is here to help.**

Headway South Bucks (HSB) provides support to local people affected by brain injury. Through the hard work and dedication of more than 30 volunteers supporting three members of staff at our Resource Centre in Bourne End, we provide care and support to families and individuals who are trying to rebuild their lives following brain injury.

The Resource Centre provides a friendly and welcoming meeting place for our members to improve their social and cognitive skills as well as giving their carers much-needed respite.

Whether as a result of a road traffic collision, fall or assault, or a stroke, illness or aneurysm, we are here to support local people in South Bucks affected by brain injury.

**But we can only do that with your help.**

Please help Headway South Bucks to continue to improve life after brain injury by supporting us. Your support is greatly appreciated.

For further information please go to:

[www.headwaysouthbucks.org.uk](http://www.headwaysouthbucks.org.uk)